

IDDSI

International Dysphagia Diet
Standardisation Initiative

M E D I T E C H
I N S T R U C T I O N S

G 0 0 0 0 0

Test,Abby

25 F 03/07/1996
ADM IN CPCU 2213-01

Resus Status Not Ordered No Hx Avail
5ft 6in 125lb BSA:1.62m² BMI:20.2kg/m²
Allergy/Adv: metoprolol, Yeast, alprazolam

V00000045773

M000000246
E00000235



My List

1 patient as of 01/27/22 16:25

Dept: **Nursing** Site: **Patient Care Services**



Name Acct #	Age Sex Location Room-Bed	Allergies	Isolation	Dietary orders
Test,Abby V00000045773 Inpatient	25 F Cardiac Progressive Care Unit 2213-01	metoprolol Yeast alprazolam		

Name	Test,Abby
Height	5 ft 6 in
Weight	125 lb
BMI	12/30/21 14:40 Body Mass Index: 20.1
Blood Glucose	
Feeding Ability	
Diet Tolerated	
Nutrition-Skin Risk Scale	
Next Intervention	
Next Outcome	
Pediatric Feeding Method	

1. Open the
patient's chart.

Refresh

Remove
from My List

Edit
My List

Close
All Charts

All

Show
Empty Beds



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Include ☒ Interventions ☐ Outcomes
Look ahead 8 hours Page 1 of 2

Care Item

I 12 hour Chart Check & Restraint order~
A Acute/Surg/BJS Rounding
A Columbia-Suicide Severity Rating Scale
I Document Outcomes~
A In Room Report/Check List
A Incision/Wound/Drain Assessment
A Init/Disc Precautions/Isolation/Safety
A Intake and Output
A Lift/Movement Profile
I Monitor Laboratory Values~
I Monitor Radiology Reports~
A Morse Fall Scale Assessment
A Nursing Physical Asmnt
A Pain Assessment
I Patient Identification Bands in Place~
A Sepsis Potential Assessment
I Shift Summary Note Completed~
A Teaching Record
A VS/Monitor
A IV/Invasive Line Management
A Obtain Daily Weight order
A Admission General Questions
A Assess Level of Consciousness
A Discharge/Transfer Summary
I Education, Postdischarge Follow-up~
I Education, Prescribed Medication~
I Education, When to Call Provider~
I Encourage expression of feelings
A Height & Weight
I Hospital discharge coordination~
I Implement pressure-relieving devices~
A Interdisciplinary Notification
I Monitor for abdominal distension~
I Monitor for s/s Hypoxemia/Hypercapnia~
I Monitor for s/s of Infection~
I Monitor for s/s of Thrombophlebitis~
I Monitor s/s Fluid/Electrolyte Imbalance~
I Note Physician's Orders~
A Nursing Dysphagia/Beside Swallow Study
I Obtain Vital Signs from Lockup upon Discharge

2. Click on
"Orders."

Status Board
Select Visits
Summary
Review Visit
Patient Msgs
New Results
Clinical Panels
Vital Signs
I & O
Medications
Laboratory
Microbiology
Blood Bank
Reports
Patient Care
Notes
Refresh EMR
Orders
Amb Orders
Clinical Data
Snapshot
Critical Care
Plan Of Care
Worklist
Mar
Write Note
TAR
Discharge

IDDSI
MEDITECH
INSTRUCTIONS

Prior Next

Refresh

Change View

Add

Not Done

View/Edit

Detail

Document

Utility

?

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Current Orders Transfer Orders History

New Orders New Meds New Sets

Current Orders	Category	Ordering Provider	Start	Stop	Status
----------------	----------	-------------------	-------	------	--------

3. Click "New Orders."

Scanned Report

Edit Multiple

Submit



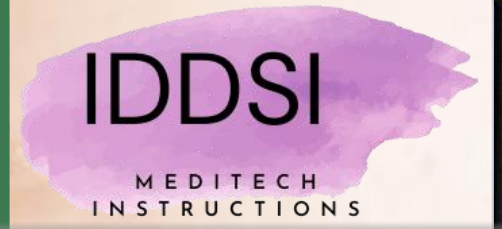
Test, Abby

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Current Orders Transfer Orders History

New Orders New Meds New Sets 0 Queued

Favorites Category Name

Orders by Name

a	b	c	d	e	f	g	h	i	j	k	l	m	n	o	p	q	r	s	t	u	v	w	x	y	z	List
1	2	3	4	5	6	7	8	9	0	-	=	[]	\	/	.	,	'	'	'	'	'	'	'	'	'

Order Diet

Del Clear Shift Starts With Any Word

Diet

- ☐ Advance diet if tol po fluids
- ☐ Consult to Dietitian [CONS]
- ☒ Diet
- ☐ Diet as at home order
- ☐ Diet Supplement

4. Type in "**Diet.**" Then click on "**Diet**" below search bar so that a checkmark appears. Then click "**Next.**"

Manage Favorites

Back Next Submit



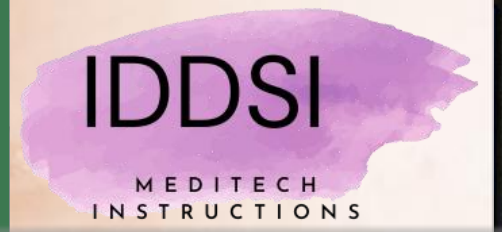
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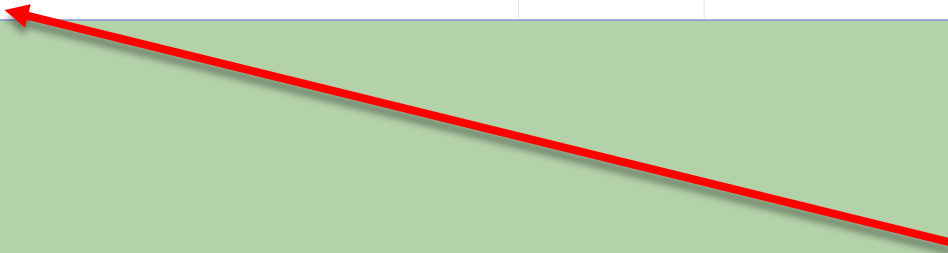
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Manage Order List

Order	Status	Start/Stop	
Diet			
<input type="checkbox"/> Diet Enter Time			
<input checked="" type="checkbox"/> Diet Now			



5. Click on **"Diet Now"** so that a checkmark appears and click **"Next."**

Order List Conflicts Details Edit All

Manage Favorites

Back **Next** Submit



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Manage Order List

Order	Status	Start/Stop	
Diet			
<input checked="" type="checkbox"/> Diet Now	New*	Thu Jan 27 16:36	Edit
* Provider			
* Source	.Verbal Order Read-Back		
* Diet			
Diet Restriction/s			
Fluid Restriction			
* C-Diff Precautions?			

6. This should appear.
Click on **"Edit"** (small red box to the right).

Order List Conflicts Details Edit All

Manage Favorites

Back Next Submit



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E00000235



Edit Order

Order	Start/Stop	Status
Diet	Thu Jan 27 16:36	New*

*Provider
*Source .Verbal Order Read-Back

*Diet

Diet Restriction/s

Fluid Restriction
*C-Diff Precautions?

Problem

Diagnosis Code

Start Date Today

Add Favorite

Back Next Submit



7. This should appear.
Press the drop-down
arrow on **"Diet."**

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Response Lookup

Order

Diet

*Provider
*Source .Verbal O

*Diet

Dropdown menu for Diet selection.

Diet Restriction/s
Dropdown menu for Diet Restriction/s selection.

Fluid Restriction
*C-Diff Precautions?

Form for Fluid Restriction and *C-Diff Precautions.

Form for additional dietary or fluid restrictions.

Search

Search input field.

Name	Mnemonic
2 gram Sodium	2
Bland	3
Clear Liquid	4
Clear Liq, Consistent Carb	5
Consist. Carbo, High	6
Consist. Carbo, Moderate	7
Consist. Carbo, Low	8
Dysphagia (IDDSI)	35
Full Liquid	10
Gluten Free	11
Heart Healthy	12
High Calorie Protein	13
Lactose Free	14
Low Iodine	15
Low Purine	16
High Fiber	17
Low Fat	18
High Phosphorus	19
Low Phosphorus	20
High Potassium	21

8. Click on **"Dysphagia (IDDSI)."**

Prior Next

Cancel

Start Date Today

Add Favorite

Back

Next

Submit



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Edit Order

Order	Start/Stop	Status
Diet	Thu Jan 27 16:36	New*

*Provider
*Source .Verbal Order Read-Back

*Diet
Dysphagia (I...
+ X

*Food Texture (Dysphagia)
*Liquid Texture (Dysphagia)

Diet Restriction/s

Fluid Restriction
*C-Diff Precautions?

Problem

Diagnosis Code

Add Favorite

Back Next Submit



9. Select the food texture you want by first clicking on the drop-down arrow of "***Food Texture (Dysphagia)**."

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MEDITECH
INSTRUCTIONS

Order

Diet

*Provider

*Source .Verbal O

*Diet

Dysphagia (I...

*Food Texture (Dys

*Liquid Texture (Dy

Diet Restriction/s

Fluid Restriction

*C-Diff Precautions?

Search

Name	Mnemonic
Lvl 3 Liquidized	3
Lvl 4 Pureed	4
Lvl 5 Minced Moist MechSt	5
Lvl 6 Sft BiteSz-Adv Soft	6
Lvl 7 Regular	7

10. Click on the desired food texture. "**Lvl 5 Minced Moist MechSt**" will be selected in this example. Notice that this is a condensed version of the new terminology (**Level 5 Minced & Moist**) followed by a condensed version of the old terminology (formally known as Mechanical Soft). Click "**Next.**"

Prior Next

Cancel

Add Favorite

Back Next

Submit

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E00000235

Edit Order

Order	Start/Stop	Status
Diet	Thu Jan 27 16:36	New*

*Provider
*Source .Verbal Order Read-Back

*Diet
Dysphagia (I...

*Food Texture (Dysphagia) Lvl 5 Mince...
*Liquid Texture (Dysphagia)

Diet Restriction/s

Fluid Restriction
*C-Diff Precautions?

Problem

Diagnosis Code

Add Favorite

Back Next Submit



11. Next, select the liquid texture you want by first clicking on the drop-down arrow of "***Liquid Texture (Dysphagia).**"

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Order

Diet

*Provider

*Source .Verbal O

*Diet

Dysphagia (I...
▼

*Food Texture (Dys

*Liquid Texture (Dy

Diet Restriction/s

▼
▼
▼
▼
▼

Fluid Restriction

*C-Diff Precautions?

▼
▼
▼
▼
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▼
▼

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▼
▼
▼
▼

Search

Name	Mnemonic
Lvl 0 Thin	0
Lvl 2 Mildly Thick-Nectar	2
Lvl 3 Moderat Thick-Honey	3
Lvl 4 Ext Thick-Pudding	4

Prior Next

Cancel

Add Favorite

Back

Next

Submit

? ? ? ? ?

12. Click on the liquid texture (consistency) you would like. For example, if you want the patient to be on **Mildly Thick** liquids (formerly known as Nectar Thick), click on "**Lvl 2 Mildly Thick-Nectar.**" Click "**Next.**"

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MEDITECH
INSTRUCTIONS

Order

Diet

*Provider
*Source .Verbal Ord

*Diet

Dysphagia (I...

*Food Texture (Dysph
*Liquid Texture (Dysph

Diet Restriction/s

Fluid Restriction

*C-Diff Precautions?

Search

Name	Mnemonic
6 Small Meals/Day	1
Disposable Tray	10
Finger foods	2
No Caffeine	3
No Caffeine, No DeCaf	4
No Carbonation	5
No Dairy Products	6
No Eggs to Eat	7
No Milk to Drink	8
No Straw	12
Safety Tray	11
Small Portions	9

Note: If you click on "**Diet Restriction/s**," you will see that "**Chopped Meat**" and "**Ground Meat**" do not appear. That is because **Level 5 Minced & Moist** (formerly Mechanical Soft) and **Level 6 Soft & Bite-Sized** (formerly Advanced Soft) already include an associated meat texture (ground meat and chopped meat, respectively) by default.

Prior Next

Cancel

Add Favorite

Back

Next

S

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INSTRUCTIONS

Order

Diet

*Provider

*Source .Verbal O

*Diet

2 gram Sodium

Diet Restriction/s

+ x

Fluid Restriction

*C-Diff Precautions?

Search

Name

6 Small Meals/Day

Chopped Meat

Disposable Tray

Finger foods

Ground Meat

No Caffeine

No Caffeine, No DeCaf

No Carbonation

No Dairy Products

No Eggs to Eat

No Milk to Drink

No Straw

Safety Tray

Small Portions

However, if you click on a diet that is not a dysphagia diet (for example, “**2 gram Sodium**”) under the “*Diet” section, you will be able to see and select a ground or chopped meat modification in the “Diet Restriction/s” box.

An example for when to use a meat modification:
A patient may have issues chewing meat but can chew and swallow other foods fine, so they don't need to be on a dysphagia diet.

Start Date Today

Add Favorite

Back

Next

Submit

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E000000235



*Diet

Dysphagia (I...
▼

*Food Texture (Dysphagia) Lvl 5 Mince...
*Liquid Texture (Dysphagia) Lvl 2 Mildly ...

Diet Restriction/s

▼

▼

Fluid Restriction

*C-Diff Precautions? No

Problem

+ - < > x

Diagnosis Code

▼

Start Date

Today

Start Time

Diet Now

Diet Start Time

16:36

Stop Date

▼

Stop Time

▼

Add Favorite

Back Next

Submit



13. To finish the diet order, click on **"C-Diff Precautions"** and select the option you want. Then click **"Submit"** and enter your PIN to provide an electronic signature as you normally do.

IDDSI

International Dysphagia Diet
Standardisation Initiative

M E D I T E C H
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Congrats!
You're all done.